

CURRICULUM VITAE

PERSONAL DETAILS

Name: **Richard Hamish McALLISTER-WILLIAMS**

Address: Institute of Neuroscience
Newcastle University
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Full registration with General Medical Council: 3249563

QUALIFICATIONS

- 1984 **B.Sc.** (1st Class Honours, Med. Sci.) Pharmacology, University of Edinburgh.
Final Year Subjects: Receptor Theory, Electrophysiology, Brain Metabolism
Project: Ligand binding study of the interaction between benzodiazepines and γ -aminobutyric acid.
- 1987 **M.B., Ch.B.** University of Edinburgh.
- 1993 **Ph.D.** Neuropharmacology, University of Edinburgh.
Title: 5-Hydroxytryptamine Modulation of Calcium Currents Recorded from Mammalian Central Serotonergic Neurons.
Supervisor: Professor J.S. Kelly, Dept. of Pharmacology, University of Edinburgh.
Examiners: Professor A.C. Dolphin, Dept. of Pharmacology, Royal Free Hosp. London.
Professor R. House, Dept. of Preclinical Veterinary Medicine, Univ. of Ed.
- 1995 **M.R.C.Psych.**
- 1996 **Postgraduate Certificate in Teaching and Learning in Higher Education.**
University of Newcastle upon Tyne.
- 1998 **Certificate of Completion of Specialist Training (General Adult Psychiatry).** Specialist Training Authority of the Royal Colleges
- 2004 **M.D. Psychopharmacology,** Newcastle University
Title: An in vivo study of central serotonergic receptor function in man.
Supervisors: Prof. I.N. Ferrier and Prof. C.H. Ashton, School of Neurology, Neurobiology and Psychiatry
Examiners: Professor P. Cowen, Department of Psychiatry, University of Oxford
Professor K. Ebmeir, Department of Psychiatry, University of Edinburgh
- 2007 **F.R.C.Psych.**

EMPLOYMENT RECORD

- Aug. 1987 - Jan. 1988: House Officer in General Medicine,
Wards 23/24, Royal Infirmary of Edinburgh.
- Feb. 1988 - July 1988: House Officer in General Surgery,
Borders General Hospital, Melrose, Roxburghshire.
- Aug. 1988 - July 1992: Wellcome Clinical Research Fellow,
Department of Pharmacology, University of Edinburgh.
- Aug. 1992 - Jan. 1994: Senior House Officer,
Lothian Psychiatric Training Rotation.
- Feb. 1994 - June 1995: Registrar,
South East Scotland Psychiatric Training Rotation.
- July 1995 – Sept 1998: Clinical Lecturer in Psychiatry,
Department of Psychiatry, University of Newcastle upon Tyne.
- Oct 1998 onwards: Honorary Consultant in General Adult Psychiatry,
Northumberland Tyne and Wear NHS Trust.**
- Oct 1998 – March 1999: Temporary Senior Lecturer in Psychiatry,
Department of Psychiatry, Newcastle University.
- April 1999 - March 2003: MRC Clinical Scientist Fellow at Senior Lecturer level,
School of Neurology, Neurobiology and Psychiatry,
Newcastle University.
- April 2003 – July 2004: Clinical Senior Lecturer in Psychiatry
- Aug 2004 onwards: Reader in Clinical Psychopharmacology,
Institute of Neuroscience, Newcastle University.**

MAJOR APPOINTMENTS

1995 – Present **Approved by the Secretary of State under Section 12(2) of the Mental Health Act, 1983.**

1999 – 2000: Honorary Research Fellow, Institute of Cognitive Neuroscience, University College London.

2000 – 2003: Royal College of Psychiatrists, EMI Working Group.

2000 – Present: Executive Committee Member, Special Interest Group in Psychopharmacology, Royal College of Psychiatrists.

2000 - 2008: Newcastle, North Tyneside and Northumberland Mental Health (NHS) Trust, Medicines Management Committee (Vice-Chairman from 2002 and Chair from 2004).

2001 - 2005: Academic Secretary, The Royal College of Psychiatrist, Northern and Yorkshire Division.

2002 - 2005: Medical Research Council Advisory Board

2002: Health Service Ombudsman External Clinical Assessor

2003 - 2004: Programme Director for Royal College of Psychiatrists Annual Meeting 2004

2004 – 2007: Elected Council Member, British Association of Psychopharmacology

2004 – Present: Lead Clinician, Regional Affective Disorders Service, Newcastle

2005 - 2009: Academic Secretary, Faculty of General and Community Psychiatry, Royal College of Psychiatrists

2007 – 2011: Honorary General Secretary and Education Officer, British Association for Psychopharmacology

2007 – Present: Ethics Committee, Faculty of Medical Sciences, Newcastle University

2010 – 2011: Member, MRC Panel of Medical Research Foundation's mental Health Clinical research training fellowship programme

2010 -Present: Member, Organising Committee, Royal College of Psychiatrists' International Congress: Brighton 2011; Liverpool 2012

2010 -Present: Associate Editor, Therapeutic Advances in Psychopharmacology

2011 - Present: Member, European College of Neuropsychopharmacology Membership Committee

2011 - Present: Member, Executive Committee, Academic Faculty, Royal College of Psychiatrist

2012 - Present: Director of Education, British association for Psychopharmacology

2012 – Present: Member, Royal College of Psychiatrists Advanced Learning & Conferences Committee

2012 – Present: Member, Wellcome Trust's Peer Review College

2013 – Present: Member, MRC Clinical Training & Career Development Panel

Ongoing: Referee for publications submitted to: Archives in General Psychiatry, American Journal of Psychiatry, Biological Psychiatry, British Medical Journal, British Journal of Psychiatry, Psychopharmacology, Journal of Psychopharmacology, Human Psychopharmacology, European Neuropsychopharmacology, American Neuropsychopharmacology, International Clinical Psychopharmacology, Neuropharmacology

Ongoing: Referee of grants submitted to: Medical Research Council, Wellcome Trust, British Academy, National Institute for Health Research, Parkinson's Disease Society

RESEARCH GRANTS AWARDED

- 1988: R.H. McAllister-Williams & J.S. Kelly "A multidisciplinary study of a 5-HT receptor down regulated by antidepressants." Wellcome Trust Clinical Research Fellowship. £120,000
- 1996: A.H. Young, R.H. McAllister-Williams & I.N. Ferrier "Comparison of the effects of venlafaxine and paroxetine on the neuroendocrine response to l-tryptophan in normal volunteers." Wyeth Pharmaceuticals. £40,000.
- 1997: R.H. McAllister-Williams "An electroencephalographic study of the effects of buspirone in healthy male volunteers." The Nuffield Foundation Grant to New Lecturers. £3,493.
- 1997: R.H. McAllister-Williams "Development of an in vivo method of studying 5-HT_{1A} receptor function in man." Lilly CNS Research Grant. £9,958.
- 1998: R.H. McAllister-Williams "The Neurobiology of Mood Disorders: A Pharmacological and Functional Brain Mapping Approach." Medical Research Council Clinician Scientist Fellowship. £428,939
- 2000: R.H. McAllister-Williams, A.H. Young and I.N. Ferrier "An investigation of serotonergic and neuropsychological function in adult bipolar affective disorder patients." Newcastle University Hospitals Special Trustees. £47,295.
- 2003: R.H. McAllister-Williams, L. Cornwall and A.H. Young "Mental health worker clinical management of major depression in primary care: a randomised controlled trial." An unrestricted grant from Wyeth Laboratories. £150,200.
- 2004: J.M. Foxton and R.H. McAllister-Williams "Improving auditory perception" ESRC. £28,627
- 2006: R.H. McAllister-Williams "Psychotropic Medication and Childbirth". Research Group funding from Mental Health Research Network. £5,000
- 2007: R.H. McAllister-Williams and C. Pariante "Modulation of Central Effects of Glucocorticoids by Antidepressants in Healthy Human Subjects". Collaborative element from and Medical Research Council Clinician Scientist Fellowship award to Dr C. Pariante. £35,000
- 2007: R.H. McAllister-Williams, I.N. Ferrier, S. Gartside and R. McQuade "Tackling cognitive dysfunction in affective disorders: Focus on corticosteroids and monoamines" Wellcome Trust Masterclass in Clinical Neuroscience. £47,183
- 2008: R.H. McAllister-Williams, I.N. Ferrier "An fMRI study of emotional episodic memory in bipolar disorder and treatment resistant depression" Sanofi-Aventis Unrestricted Grant. £40,000
- 2009: I.N. Ferrier, R.H. McAllister-Williams, S. Watson et al "Antiglucocorticoid augmentation of antidepressants in Depression (the ADD study)." NIHR, Efficacy and Mechanism Evaluation Programme. £ 1,007,568
- 2010: R.H. McAllister-Williams "EEG predictors of emotional processing changes in healthy subjects" Northumberland Tyne and Wear NHS Trust, Flexibility and Sustainability Fund. £34,226
- 2011: I.M. Anderson, R.H. McAllister-Williams et al. "Ketamine augmentation of electroconvulsive therapy to improve outcomes in depression" NIHR, Efficacy and Mechanism Evaluation Programme. £1,097,710
- 2012: A.J. Thomas, J.T. O'Brien, P. Gallagher, I.N. Ferrier, G. Ford, R.H. McAllister-Williams & D. Howel "Randomised trial of Blood pressure Rapid Intensive Lowering And Normal Treatment for Mood and Cognition in Persistent Depression (BRILiANT Mood Study)" MRC Experimental Medicine in Mental Health. £359,257.26

TEACHING and EXAMINATION EXPERIENCE

- 1995 – Present Lecturer on a variety of industry sponsored Continuing Medical Education events for general practitioners, psychiatric nurses, pharmacists and psychiatrists, including international meetings.
Subjects include the treatment and neurobiology of depression and bipolar disorder, sleep, anxiety disorders and pharmacogenetics.
- 1995 - Present Clinical examiner of medical student written exams, 'long cases' in psychiatry and final OSCI and OSLER examinations, University of Newcastle
- 1996 – Present Supervision of 5 PhD students, 4 MPhil students and numerous Psychology BSc, MRes, MSci, DClinPsych students
- 1996 - Present Lecturer, **British Association of Psychopharmacology**.
Certificate in Psychopharmacology Course - Subject: “Pharmacokinetics and clinical use of antidepressants”.
Psychiatrist Refresher Course – Subject: “Treatment of depression”, “Bipolar disorder”
MRCPsych Revision Course - Subject: “Antidepressants and ECT”, "Mood stabilisers", "Clinical trial methodology and critical appraisal".
Masterclasses – subject: “Acute Mania; Clinical use of Antidepressants”.
- 2000 - Present Internal and external examiner of several PhD and MD theses, University of Newcastle, King’s College London, University of Manchester, University of Belfast.
- 2003 – Present: External examiner for medical undergraduates at universities of Sheffield, Liverpool, Edinburgh
- 2004 – Present **SHO/Core Trainee Educational supervisor**
- 2005 - Present **Higher/Specialist trainee Educational Supervisor**
- 2008 - Present External Examiner, Pharmacology, Edinburgh University
- 2009 - Present Lecturer, **European College of Neuropsychopharmacology**, Summer School. “Antidepressants, Clinical Pharmacology”.

INVITED PRESENTATIONS (since 2007)

- April 2007 Institute of Psychiatry, London : “The anatomy of depression: can we use EEG to localise depression?” at “Depression: Brain Causes - Body Consequences” conference, Royal Society of Medicine, London
- April 2007 Eli Lilly, Beijing, China: “Neurobiology of Depression: An Integrated View” at Cymbalta China Launch meeting
- April 2007 European Psychiatrists Meeting, Vienna: “Are short term responses good predictors of long term remission in Bipolar Disorders?”
- June 2007 RCPsych Annual Meeting, Edinburgh: “Prescribing for mood disorders during pregnancy and lactation”
- July 2007 Monash University, Melbourne, Australia: “Episodic memory ERPs, Glucocorticoids and depression”
- July 2007 Wellcome Trust Cognitive Electrophysiology UK Group, Stirling, UK: “Glucocorticoids and Cognitive ERPs”
- Sept 2007 MARCE Society, Hammersmith Hospital, London: “Making decisions in the absence of good data: Addressing the issue with MHRN support”
- Nov 2007 Manchester University organised “Depression: A Global Burden” Conference, Aberdeen, UK: “Pharmacotherapeutics of depression” at
- Jan 2008 State Hospital, Carstairs, Scotland: “Pharmacological approaches to the treatment of Bipolar Disorder”
- Sept 2008 RCPsych “Celtic Update”, Edinburgh: “Neurocognitive function in bipolar disorder”
- Nov 2008 Birmingham and Solihull Trust “Workshop on NICE Guidance”: “Evidence based treatment of depression”
- Nov 2008 RCPsych Welsh Division Study Day, Cardiff: “Pharmacotherapy for bipolar disorder: An Update”
- Jan 2009 Specialist Registrar Training, Durham, UK: “Controversies around the use of Antidepressants”
- Feb 2009 RCPsych Faculty of Forensic Psychiatry Annual Meeting, Barcelona, Spain: “Pharmacological Treatment of Bipolar Disorder”
- March 2009 Lundbeck Institute, Ullswater, UK: “Pharmacological management of treatment refractory depression”
- May 2009 University of British Columbia, Canada: “Pharmacokinetics: relevance to clinical practice”
- June 2009 RCPsych Annula Meeting, Liverpool, UK: “Be ahead of the drug reps: What you need to know to understand how new and emerging drugs work”
- Sept 2009 RCPsych General and Community Faculty, London, UK: “Starting research as a trainee and how to get published”
- Oct 2009 RCPsych General and Community Faculty, Cardiff: “Treatment Refractory Depression workshop”
- Oct 2009 University of Cambridge, UK: “The psychopharmacology of affective disorders : Bench to Bedside”
- Nov 2009 PRIMED, London, UK: “Major Depressive Disorder - Treating the cycle of psychological and somatic symptoms to improve outcomes in the primary care setting”
- Dec 2009 National Safety Agency/POMH Lithium Conference, London, UK: “Lithium in clinical practice”
- Dec 2009 Sheffield University, UK: “The psychopharmacology of affective disorders : Bench to Bedside”
- March 2010 Eli Lilly Japan, Regional Lecture tour: “Depression, its treatment and duloxetine”
- March 2010 RCPsych, Special Interest Group in Psychopharmacology, Latest Advances in Psychiatry, Symposium IX Affective Disorders, London, UK: “Mania: Acute management and prevention of recurrence”
- April 2010 The 6th Saudi-German Hospitals International Conference on Psychiatry: New Models of Psychiatric Management, Jeddah, Saudia Arabia: “The Pharmacological Management of Bipolar disorder”
- June 2010 Cheltenham Science Festival, UK: “Do antidepressants work?”

Oct 2010	RCPsych General and Community Faculty Annual Conference, London, UK: “NICE Depression guidelines and choosing between antidepressants”
Jan 2011	Eli Lilly Japan, Regional Lecture tour: “Bipolar disorder and its pharmacological management”
Feb 2011	Japan /British Embassy Mood Disorder Workshop, Tokyo, Japan: “The role of the HPA axis in the pathophysiology and treatment of mood disorders”
Feb 2011	Riken Research Institute, Japan: “The Good, the Bad and the Ugly: The HPA axis in mood disorders”
March 2011	ARSPG Congress: Innovation in Psychiatry, Paris: “The management of treatment refractory depression: A British perspective”
June 2011	Lundbeck Institute, Ullswater, UK: “Masterclass on Evidence-based Treatment in Complex Depression”
June 2011	RCPsych International Congress, Brighton: “Pharmacological approaches - what works for whom?”
Sept 2011	European College of Neuropsychopharmacology Annual Congress, Paris, France: “Translating MDD trial-based evidence into clinical practice: A personal view”
Oct 2011	RCPsych General and Community Faculty Annual Conference, Newcastle, UK: “Treatment Refractory Depression workshop”
Nov 2011	11 th International Forum on Mood and Anxiety Disorders, Budapest, Hungary: “Depression: The poor responder”
Feb 2012	Scandinavian “Psychiatry Days”, Coenhagen, Denmark: “Depression and painful physical symptoms in relation to an increased risk of relapse”
March 2012	European Psychiatric Association, Prague, Czech Republic: “Our patients, their experience”
March 2012	Ain Shams University 8th International Congress on Psychiatry and 3rd International Congress on Neuroscience, Cairo, Egypt: “Stress and depression: What's the connection?”
April 2012	The 8th Saudi-German Hospitals International Conference on Psychiatry, Jeddah, Saudia Arabia: “Maximising treatment outcomes in depression”
Feb 2013	III Annual Meeting on Therapeutics in Psychiatry, Barcelona, Spain “Managing partial response or nonresponse in major depressive disorder: How to decide the best strategy in clinical practice?”
March 2013	Royal College of Psychiatrist, Ireland “Depression: What to do when the outcomes are not what is hoped for”.
March 2013	International Review of Bipolar Disorder, Seville, Spain “Maximising patient outcomes: Bringing together perspectives”
Oct 2013	European College of Neuropsychopharmacology Annual Congress, Barcelona, Spain: “From hopelessness to hope: a patient-centred approach”

PUBLICATIONS (Peer reviewed major publications since 2000 only)

McAllister-Williams, R.H., Young, A.H. & Menkes, D.B. (2000). Antidepressant response reversed by interferon. *British Journal of Psychiatry* **176**, 93.

McAllister-Williams, R.H., Anderson, A.J. & Young A.H. (2001). Corticosterone selectively attenuates 8-OH-DPAT mediated hypothermia in mice. *International Journal of Neuropsychopharmacology* **4**, 1-8.

McAllister-Williams, R.H. & Watson, S. (2001). Bipolar disorder: implications for the implementation of the National Service Framework for Mental Health. *Progress in Neurology and Psychiatry* Supplement, May 2001.

McAllister-Williams, R.H. & Rugg, M.D. (2002). Effects of repeated cortisol administration on brain potential correlates of episodic memory retrieval. *Psychopharmacology* **160**, 74-83.

McAllister-Williams, R.H., Massey, A.E. & Rugg, M.D. (2002). Effects of tryptophan depletion on brain potential correlates of episodic memory retrieval. *Psychopharmacology* **160**, 434-442.

Man, M.S., Young, A.H. & McAllister-Williams, R.H. (2002). Corticosterone modulation of somatodendritic 5-HT_{1A} receptor function in mice. *Journal of Psychopharmacology* **16**, 245-250

McAllister-Williams, R.H. (2002). Mood Disorders. Chapter 18 In: *The Neurochemistry of Consciousness*. Eds. Perry, E., Ashton, H.C. & Young, A.H. John Benjamins Publishing Company, Amsterdam.

McAllister-Williams, R.H. & Ferrier, I.N. (2002). Rapid tranquillisation: Time for a reappraisal of options for parenteral therapy. *British Journal of Psychiatry* **180**, 485-9.

McAllister-Williams, R.H. & Massey, A.E. (2003). EEG effects of buspirone and pindolol: A method of examining 5-HT_{1A} receptor function in man? *Psychopharmacology* **166**, 284-293.

Hsu, F.C., Garside, M.J., Massey, A.E. & McAllister-Williams, R.H. (2003). Effects of a single dose of cortisol on the neural correlates of episodic memory and error processing in healthy volunteers. *Psychopharmacology* **167**, 431-442.

Gallagher, P., Massey, A.E., Young A.H. & McAllister-Williams, R.H. (2003). Effect of acute tryptophan depletion on executive function in healthy male volunteers. *BMC Psychiatry* **2003**, 3:10.

McAllister-Williams, R.H. & Tyrer, S.P. (2003). Antidepressants for the treatment of depression and anxiety disorders: The same mechanism of action? Chapter 18 In: *Handbook of Depression and Anxiety: A Biological Approach, second edition*. Eds. Kasper, S., den Boer, J.A. and Sitsen, J.M.A. Marcel Dekker, New York.

McAllister-Williams, R.H. & Ferrier, I.N. (2003). Pharmacological management of unipolar and bipolar affective disorder. *Psychiatry* **2:5**, 77-85.

McAllister-Williams, R.H. & Leech, S.N. (2003). Dermatological syndromes. Chapter 16 In: *Adverse Syndromes Associated with Psychotropic Medication: A Practical Guide*. Eds. Haddad, P., Dursun, S. & Deakin W. Oxford University Press, Oxford.

- McAllister-Williams, R.H. & Watson S. (2003). Bipolar Disorder ignored by the Mental Health National Service Framework but not forgotten by the British Association of Psychopharmacology. *Journal of Psychopharmacology* 17 (4): S7-S10.
- Massey, A.E., Marsh, V.R. & McAllister-Williams, R.H. (2004). Lack of effect of tryptophan depletion on the loudness dependency of auditory event related potentials in healthy volunteers. *Biological Psychology* 65, 137-145.
- Lunn, B.S. & McAllister-Williams, R.H. (2004). Clinical assessment and investigations in psychiatry. *Medicine*
- Mackin, P. & McAllister-Williams, R.H. (2005). Frontotemporal dementia: remembering images from the past. *Neuropsychiatric Disease and Treatment* 1, 281-283.
- Alhaj, H.A., Massey, A.E. & McAllister-Williams, R.H. (2006). Effects of DHEA administration on episodic memory, cortisol concentrations and subjective ratings in healthy young men: A double blind, placebo controlled study. *Psychopharmacology* 188(4):541-51.
- Gallagher, P. Leitch M.M., Massey, A.E., McAllister-Williams, R.H. & Young, A.H. (2006) Assessment of cortisol and dehydroepiandrosterone (DHEA) in saliva: effects of collection methods. *Journal of Psychopharmacology* 20(5), 643-649.
- McAllister-Williams, R.H., Foran, K., Forrest, S., Ingram, G., McMahan, L., Taylor, M., Rajwal, M.S. & Cornwall, P.L. (2006) Prescribing of venlafaxine and dosulepin in primary care. *Journal of Psychopharmacology* 20(6): 868.
- McAllister-Williams, R.H. (2006). Relapse prevention in bipolar disorder: A critical review of current guidelines. *Journal of Psychopharmacology* Suppl. to Vol. 20(2), 12-16.
- Young, A.H., Cookson, J., Elliot, B., Hellewell, J.S., McAllister-Williams, R.H., Newham, J., Ogilvie, A., Scott, J., Tyrer, S. & Turner, M. (2006) Managing the aftermath of mania – Consensus meeting statement. *Journal of Psychopharmacology* Suppl. to Vol. 20(2), 51-54.
- McAllister-Williams, R.H. (2006). EEGs and ERPs in bipolar disorders. Chapter 13 In: “*Bipolar Disorders: Basic Mechanisms and Therapeutic Implications*” – 2nd Edition. Eds: Soares, J & Young, A.H. Taylor & Francis, New York.
- Lawrie, S.M. & McAllister-Williams, R.H. (2006). Clinical trial methodology. Chapter 10 In: “*Fundamentals of clinical psychopharmacology*” – 3rd Edition. Eds: Anderson, I.M. & Reid, I.C. Taylor & Francis, London.
- McAllister-Williams, R.H. (2006). Duloxetine in the management of depression. *Future Neurology* 1(6), 713-720.
- Corcoran, C., Wisniewska Young, E. & McAllister-Williams, R.H. (2006). Be vigilant for symptoms of bipolar disorder. *The Practitioner*, 250(1689), 33-40.
- Menon, A., McAllister Williams, R.H. & Watson, S. (2006). Increased libido associated with quetiapine. *Journal of Psychopharmacology* 20(1), 125-127.

- Mackin, P. & McAllister-Williams, R.H. (2006). Schizophrenia and increased risk of cardiovascular disease. *American Heart Journal* 151:e13.
- Keown, P., McAllister-Williams, R.H. & Young, A.H. (2006). A case of pancytopenia. *Journal of Psychopharmacology* 20(5):690-2.
- McAllister-Williams, R.H., Foran, K., Forrest, S., Ingram, G., McMahon, L., Taylor, M., Rajwal, M.S. & Cornwall, P.L. (2006). NICE guidelines on antidepressants. *British Journal of General Practice*. 56(531): 798-800.
- Alhaj, H.A., Massey, A.E. & McAllister-Williams, R.H. (2007). A study of the neural correlates of episodic memory and HPA axis status in drug-free depressed patients and healthy controls. *Journal of Psychiatric Research* 41(3-4): 295-304.
- McAllister-Williams, R.H., Massey, A.E. & Fairchild, G. (2007). Effects of repeated cortisol administration on somatodendritic 5-HT_{1A} autoreceptor function in healthy volunteers. *Journal of Psychopharmacology* 21(8):826-32.
- McMahon, L., Foran, K.M., Forrest, S.D. Taylor, M.L., Ingram, G., Rajwal, M., Cornwall, P.L. & McAllister-Williams, R.H. (2007) Graduate mental health worker case management of depression in UK primary care: a pilot study. *British Journal of General Practice* 57(544):880-5.
- Corcoran, C. & McAllister-Williams, R.H. (2007). Maximising Treatment Outcomes in the Depressed Patient. *British Journal of Hospital Medicine* 68(7):373-5.
- Alhaj, H.A., Massey, A.E. & McAllister-Williams, R.H. (2008). Effects of cortisol on the laterality of the neural correlates of episodic memory. *Journal of Psychiatric Research* 42(12):971-81.
- Newham, J.J., Thomas, S.H.L., MacRitchie, K., McElhatton, P.R., McAllister-Williams, R.H. (2008). Birth weight of infants after maternal exposure to typical and atypical antipsychotics: A prospective comparison study. *British Journal of Psychiatry* 192:333-7.
- Wiśniewski, G.S, McAllister-Williams, R.H., Jakitowicz, J., Nowicki, Z., Majkowicz, M. & Trzebiatowska, I.A. (2008). Effects of antidepressant drugs on electroencephalography alpha power: importance of study duration. *Biological Psychiatry* 64(10):e5-6.
- Palaniyappan, L. & McAllister-Williams, R.H. (2008). Antidepressants: will new mechanisms of action improve poor outcomes? *British Journal of Hospital Medicine* 69(2) 599-601.
- Anderson, I.M., Ferrier, I.N., Baldwin, D., Cowen, P.J., Howard, L., Lewis, G., Matthews, K., McAllister-Williams, R.H., Peveler, R.C., Scott, J. & Tylee, A. (2008). Evidence-based guidelines for treating depressive disorders with antidepressants: A revision of the 2000 British Association for Psychopharmacology guidelines. *Journal of Psychopharmacology* 22(4):343-96.
- McAllister-Williams, R.H. (2008). Misinterpretation of randomised trial evidence: do antidepressants work? *British Journal of Hospital Medicine* 69(5) 246-247.
- McAllister-Williams, R.H. (2008). Do antidepressants work? A commentary on "Initial severity and antidepressant benefits: a meta-analysis of data submitted to the Food and Drug Administration" by Kirsch et al. *Evidence Based Mental Health* 11(3):66-8.

- Shepherd, D.J., Insole, L.J. McAllister-Williams, R.H. & Ferrier, I.N. (2009). Are specialised affective disorder services useful? *Psychiatr. Bull.* **33**: 41 - 43.
- McAllister-Williams, R.H. (2009). STAR*D – more questions than answers. *Journal of Psychopharmacology* 23(6):615-7.
- McAllister-Williams, R.H. & Wiśniewski, G.S. (2009). Can the EEG be used to predict antidepressant response? In: Understanding Depression: A translational approach. Editor – C. Pariante. Oxford University Press
- Ramplin, S & McAllister-Williams, R.H. (2009). Vegetarian Psychotropics: A survey of psychotropic medications suitable for vegetarians. *Human Psychopharmacology* 24(3):248-9.
- McAllister-Williams R.H. (2009). Review: clinically important differences between antidepressants. *Evidence Based Mental Health* 12(4):107.
- Paton, C., Barnes, T.R.E., Shingleton-Smith, A. McAllister-Williams, R.H., Kirkbride, J., Jones, P.B. & McIntyre, S. (2010). Lithium in bipolar and other affective disorders: Prescribing practice in the UK. *Journal of Psychopharmacology* 24(12):1739-46.
- Vasudev, K., Keown, P., Gibb, I. & McAllister-Williams, R.H. (2010). Haematological effects of valproate in Psychiatric patients: what are the risk factors? *Journal of Clinical Psychopharmacology* **30**: 282-285.
- McAllister-Williams, R.H., Baldwin, D.S., Haddad, P.M. & Bazire, S. (2010). The use of antidepressants in clinical practice: Focus on agomelatine. *Human Psychopharmacology* 25(2):95-102.
- Alhaj, H., Wisniewski, G. & McAllister-Williams, R.H. (2011). The use of the EEG in Measuring Therapeutic Drug Action: Focus on depression and antidepressants. *Journal of Psychopharmacology* 25(9):1175-91.
- Yates, S.J., Ahuja, N., Gartside, S.E., McAllister Williams, R.H. (2011). Serotonin syndrome following introduction of venlafaxine following withdrawal of phenelzine: Implications for drug washout periods. *Therapeutic Advances in Psychopharmacology* 1(4):
- Pariante, C.M., Alhaj, H.A., Arulnathan, V.E., Gallagher, P., Hanson, A., Massey, A.E. & McAllister-Williams, R.H. (2012). Central glucocorticoid receptor-mediated effects of the antidepressant, citalopram, in humans: A study using EEG and cognitive testing. *Psychoneuroendocrinology* **37**(5): 618-28.
- Alhaj, H.A., Selman, M., Jervis, V., Rodgers, J., Barton, S., & McAllister-Williams, R.H. (2012). Effect of Low-Dose Acute Tryptophan Depletion on the Specificity of Autobiographical Memory in Healthy Subjects with a Family History of Depression. *Psychopharmacology* **222**(2): 285-92.
- Robinson, L.J., Stevens, L.H., Threapleton, C.J.D., Vainiute, J., McAllister-Williams, R.H., Gallagher, P. (2012). Effects of intrinsic and extrinsic motivation on attention and memory. *Acta Psychologica* **141**(2): 243-9.
- Sparshatt, A., McAllister-Williams, R.H., Baldwin, D.S., Haddad, P.M., Bazire, S., Weston, E., Taylor, P., Taylor, D. (2012) A naturalistic evaluation and audit database of agomelatine: clinical

outcome at 12 weeks. *Acta Psychiatrica Scandinavica*. 2012 Dec 14. doi: 10.1111/acps.12044.
[Epub ahead of print]

Sigalas, P.D., Garg, H., Watson, S., McAllister-Williams, R.H. & Ferrier, I.N. (2012). Metyrapone in treatment-resistant depression. *Therapeutic Advances in Psychopharmacology* 2(4):139-149.